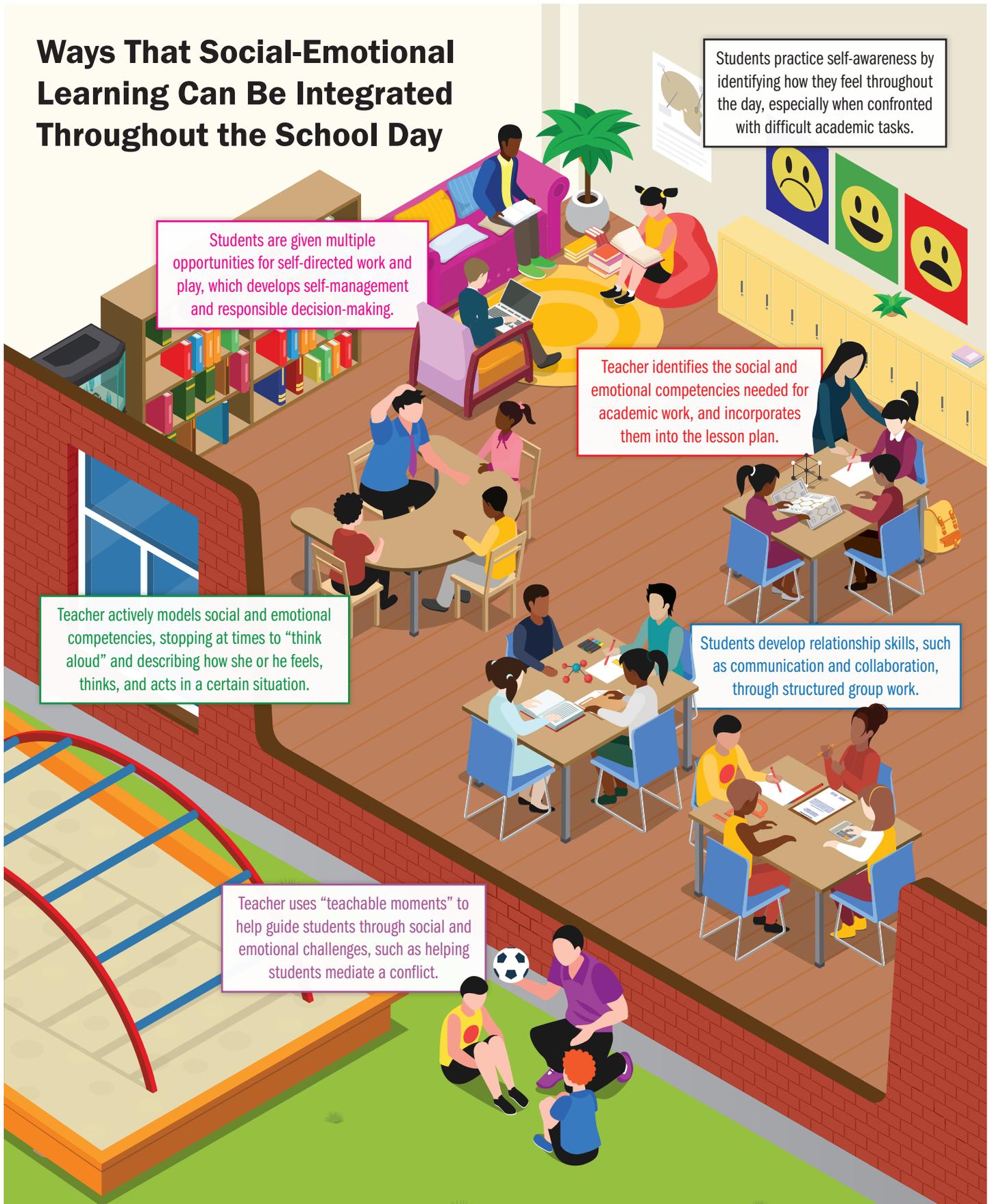


# Ways That Social-Emotional Learning Can Be Integrated Throughout the School Day



Students practice self-awareness by identifying how they feel throughout the day, especially when confronted with difficult academic tasks.

Students are given multiple opportunities for self-directed work and play, which develops self-management and responsible decision-making.

Teacher identifies the social and emotional competencies needed for academic work, and incorporates them into the lesson plan.

Teacher actively models social and emotional competencies, stopping at times to “think aloud” and describing how she or he feels, thinks, and acts in a certain situation.

Students develop relationship skills, such as communication and collaboration, through structured group work.

Teacher uses “teachable moments” to help guide students through social and emotional challenges, such as helping students mediate a conflict.